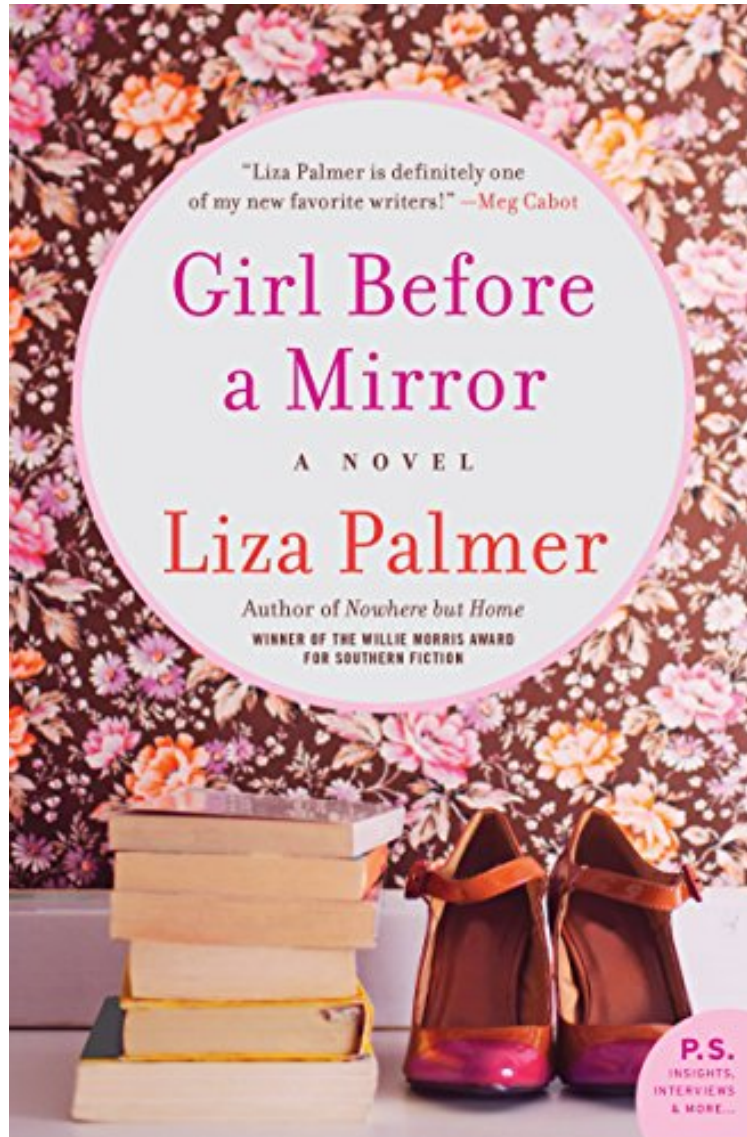


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## Girl Before a Mirror: A Novel

Von Liza Palmer

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**Von Liza Palmer : Girl Before a Mirror: A Novel** before purchasing it in order to gage whether or not it would be worth my time, and all praised Girl Before a Mirror: A Novel:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich.  
BerhrendVon seldaDieses Buch hat mich zum Nachdenken angeregt und inspiriert. Es ist unterhaltsam und lustig, hat aber auch eine behrende Tiefe.Anna Wyatt feiert ihren 40. Geburtstag mit ihren liebsten Menschen. Sie ist erfolgreich in ihrem Job, geschieden und hat gerade eine einjhrige Datingpause hinter sich, die sie genutzt hat, um ihr Leben zu

sortieren. Als sie die Kerzen auf ihrem Kuchen auspusten soll, fällt ihr einfach nichts ein, was sie sich wünschen könnte. Sie fragt sich, was fehlt und es ist genau das aufgerumte und wohlpolierte, das einen Stillstand in ihrem Leben verursacht hat. Voller Gefühl und mit umwerfender Ehrlichkeit beschreibt Liza Palmer den Weg einer Metamorphose. Gerade in der etablierten Lebensmitte, in der alles an seinem Platz zu sein scheint, ist die Ordnung mitunter das Gegenteil von lebendig sein. Ein Buch das glücklich macht.

**Kurzbeschreibung** The author of *Conversations with a Fat Girl* optioned for HBO returns with the hilarious and heartfelt story of a woman who must learn how to be the heroine of her own life a journey that will teach her priceless lessons about love, friendship, family, work, and her own heart. An account executive in a *Mad Men* world, Anna Wyatt is at a crossroads. Recently divorced, she's done a lot of emotional housecleaning, including a self-imposed dating sabbatical. But now that she's turned forty, she's struggling to figure out what her life needs. Brainstorming to win over an important new client, she discovers a self-help book *Be the Heroine, Find Your Hero* that offers her unexpected insights and leads her to a most unlikely place: a romance writers conference. If she can sign the Romance Cover Model of the Year Pageant winner for her campaign and meet the author who has inspired her to take control of her life she'll win the account. For Anna, taking control means taking chances, including getting to know Sasha, her pretty young colleague on the project, and indulging in a steamy elevator ride with Lincoln Mallory, a dashing financial consultant she meets in the hotel. When the conference ends, Anna and Lincoln must decide if their intense connection is strong enough to survive outside the romantic fantasy they've created. Yet Lincoln is only one of Anna's dilemmas. Now that her campaign is off the ground, others in the office want to steal her success, and her alcoholic brother, Ferdie, is spiraling out of control. To have the life she wants to be happy without guilt, to be accepted for herself, to love and to be loved, to just be she has to put herself first, accept her imperfections, embrace her passions, and finally be the heroine of her own story.

**Pressestimmen** This book has inspired me, and will inspire all female readers, to be and demand and desire more for themselves. Every chapter is dripping with sage advice and wise words. It is incredibly easy to identify with the characters and the situations. (RT Book s (4 1/2 STARS)) In *Girl Before a Mirror*, Liza Palmer has taken a lovely look at post-feminist womanhood in which the desire to be accepted for who and what one might be is not a given. (New York Journal of Books)

**Kurzbeschreibung** The author of *Conversations with a Fat Girl* optioned for HBO returns with the hilarious and heartfelt story of a woman who must learn how to be the heroine of her own life a journey that will teach her priceless lessons about love, friendship, family, work, and her own heart. An account executive in a *Mad Men* world, Anna Wyatt is at a crossroads. Recently divorced, she's done a lot of emotional housecleaning, including a self-imposed dating sabbatical. But now that she's turned forty, she's struggling to figure out what her life needs. Brainstorming to win over an important new client, she discovers a self-help book *Be the Heroine, Find Your Hero* that offers her unexpected insights and leads her to a most unlikely place: a romance writers conference. If she can sign the Romance Cover Model of the Year Pageant winner for her campaign and meet the author who has inspired her to take control of her life she'll win the account. For Anna, taking control means taking chances, including getting to know Sasha, her pretty young colleague on the project, and indulging in a steamy elevator ride with Lincoln Mallory, a dashing financial consultant she meets in the hotel. When the conference ends, Anna and Lincoln must decide if their intense connection is strong enough to survive outside the romantic fantasy they've created. Yet Lincoln is only one of Anna's dilemmas. Now that her campaign is off the ground, others in the office want to steal her success, and her alcoholic brother, Ferdie, is spiraling out of control. To have the life she wants to be happy without guilt, to be accepted for herself, to love and to be loved, to just be she has to put herself first, accept her imperfections, embrace her passions, and finally be the heroine of her own story.